



# Carers Support

**Supporting unpaid carers of  
people over the age of 65**



**CARERS  
SUPPORT**

Funded by



**Milton Keynes**  
City Council

# Supporting Carers

You care for them, let us care for you.

- Information & Advice
- Emotional support
- Time to talk
- What matters to you
- Wellbeing opportunities

Because those who care, deserve care too.

For more information please contact:

**Tel: 01908 765 028**

Email: [carers.support@ageukmiltonskynes.org.uk](mailto:carers.support@ageukmiltonskynes.org.uk)

[www.ageuk.org.uk/miltonkeynes/](http://www.ageuk.org.uk/miltonkeynes/)

