



Working together to improve the health  
and wellbeing of our communities



# FREE SUICIDE PREVENTION TRAINING



**PROVIDED BY  
THE OLLIE  
FOUNDATION**

**ASIST 2 day course:  
5th - 6th March.  
Exchange House, Central Milton Keynes  
26 spaces available**

The ASIST training course is an in-depth two day session for 15-25 people. ASIST (Applied Suicide Intervention Skills Training) equips participants with the skills and insights to help them support vulnerable people and signpost them towards appropriate support. Included in the course:

- Discussion on UK suicide statistics
- Video of real-life scenarios in which doctors, police and social workers share experiences of suicide crisis situations
- Information about how to identify signs and steer individuals towards appropriate support
- Roleplay exercises providing hands-on experience of the 'pathway' technique

**Please note that this session is suitable for delegates aged 17 and over. This talk is open to all, welcoming delegates with no previous suicide prevention training. Please click the 'Book Here' link below and specify your name, organisation, Job role and preferred date.**

**[BOOK HERE](#)**